The following procedure should be used to check and adjust a tyre's pressure:

To avoid damaging the valves, do not apply excessive force or sideways force on the gauge/inflator.

1. Remove the valve cap.
2. Firmly attach a tyre pressure gauge/inflator to the valve.
3. Read the tyre pressure from the gauge and add air, if required.
4. If air is added to the tyre, remove the gauge and re-attach it before reading the pressure. Failure to do so may result in an inaccurate reading.
5. If the tyre pressure is too high, remove the gauge and allow air out of the tyre by pressing the centre of the valve. Refit the gauge to the valve and check the pressure.
6. Repeat the process, adding or removing air as required, until the correct tyre pressure is reached.
7. Refit the valve cap.

TYRE VALVES

Keep the valve caps screwed down firmly to prevent water or dirt from entering the valve. Check the valves for leaks when checking the tyre pressures.

PUNCTURED TYRES

Do not drive the vehicle with a punctured tyre. Even if the punctured tyre has not deflated, it is unsafe to use, as the tyre may deflate suddenly at any time.

REPLACEMENT TYRES

Always fit replacement tyres of the same type, and wherever possible, of the same make and tread pattern. Failure to fit the same type, make and tread pattern may reduce vehicle stability

The load and speed index ratings on all replacement tyres must be, at least, the same specification as the original equipment. If in doubt, consult a Dealer/Authorised Repairer.

Do not rotate tyres around the vehicle.

If the use of tyres not recommended by Land Rover is unavoidable, make sure that you read, and fully comply with, the tyre manufacturer's instructions.

If lower speed rated specialist tyres are fitted (e.g., winter tyres or off-road tyres) then the vehicle must be driven within the speed limitations of the tyres. Consult your Dealer/Authorised Repairer for further information. In markets that require a tyres maximum speed label to be fitted, the tyre's maximum speed label should be placed within the driver's field of vision. These can be obtained from the tyre dealer.

Tyre removal and fitting should be carried out by a Dealer/Authorised Repairer.

When removing a tyre from a wheel or fitting a tyre to a wheel, make sure the TPMS sensor is not damaged.

When the tread has worn down to approximately 2 mm, wear indicators start to appear at the surface of the tread pattern. This produces a continuous band of rubber across the tread, as a visual reminder.