2. **Fastening a seat belt**: With the seat belt correctly positioned, place the metal tongue into the buckle nearest to you. Press it in until a click is heard.
   To release the seat belt, press the red button.

   Note: *When releasing the seat belt it is advisable to hold the belt before pressing the release button. This will prevent the belt from retracting too quickly.*

3. **Seat belt use during pregnancy**: Position the lap strap comfortably across the hips beneath the abdomen. Place the diagonal part of the seat belt between the breasts and to the side of the abdomen.

⚠ **Position the seat belt correctly for the safety of the mother and unborn child. Never wear just the lap strap, and never sit on the lap strap while using just the shoulder strap. Both of these actions are extremely dangerous, and may increase your risk of serious injury in the event of an accident or during emergency braking.**

⚠ **Never place anything between you and the seat belt in an attempt to cushion the impact in the event of an accident. It can be dangerous, and will reduce the effectiveness of the seat belt in preventing injury.**

⚠ **Make sure the seat belt is not slack or twisted.**

4. **Seat belt height adjustment**: Press to release the catch.
   With the catch pressed move the mechanism slide up or down to the required height. Make sure the locking mechanism has engaged.
   When correctly positioned, the seat belt should cross the collar bone at the mid-point between the neck and end of your shoulder.
   Where possible, rear seat passengers should adjust their seating position to achieve the same seat belt position.

⚠ **Make sure the height is correctly adjusted and the mechanism is locked in place before driving.**

⚠ **The use of comfort clips or devices that would create slack in the seat belt system, is not advised.**

SEAT BELT PRE-TENSIONERS

The seat belt pre-tensioners activate in conjunction with the Supplementary Restraint System (SRS) to provide additional protection in the event of a severe frontal impact. They automatically reduce any slack in a seat belt to reduce forward movement of a front seat occupant.

⚠ **The seat belt pre-tensioners will activate only once and then must be renewed. Failure to replace them will renew the effectiveness of the SRS in reducing the risk of serious injury or death in the event of an accident.**

After any impact, have the seat belts and pre-tensioners checked and, if necessary, renewed by a Dealer/Authorised Repairer.

SEAT BELT SAFETY

⚠ **Care should be taken to avoid contamination of the webbing with polishes, oils and chemicals, and particularly battery acid. Cleaning may safely be carried out using mild soap and water.**

⚠ **The belt should be replaced if webbing becomes frayed, contaminated or damaged.**