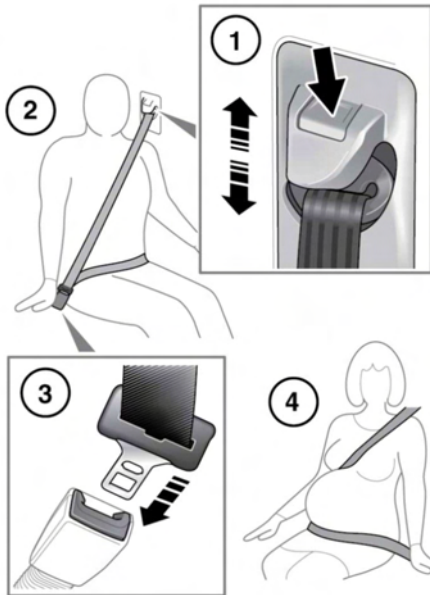


USING THE SEAT BELTS



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- 1. Seat belt height adjustment:** Press to release the catch.

With the catch depressed move the mechanism slide up or down to the required height. Ensure that the locking mechanism has engaged.

When correctly positioned the seat belt should cross the collar bone at the mid-point between the neck and end of your shoulder.

Where possible, rear seat passengers should adjust their position on the seat, to enable the seat belt webbing to cross the shoulder without pressing on the neck.



Ensure that the height is correctly adjusted and the mechanism is locked in place before driving.



The use of comfort clips or devices

that would create slack in the seat belt system is not advised.



No modifications or additions should be made by the user which will either prevent the seat belt adjusting devices from operating to remove slack or prevent the seat belt assembly from being adjusted to remove slack.

- 2. Putting on a seat belt:** Draw the belt out smoothly, ensure that the belt height, the seat and the occupant's position on the seat, are correct.



Seatbelts are designed to bear upon the bony structure of the body, and should be worn low across the front of the pelvis or the pelvis, chest and shoulders, as applicable; wearing the lap section of the belt across the abdominal area must be avoided.



Seatbelts should be adjusted as firmly as possible, consistent with comfort, to provide the protection for which they have been designed. A slack belt will greatly reduce the protection afforded to the wearer.



Belts should not be worn with straps twisted.



Each belt assembly must only be used by 1 occupant; it is dangerous to put a belt around a child being carried on the occupant's lap.



The occupants of the front seats should not travel with the seat back reclined excessively. Doing so will reduce the protection afforded by the seat belt.

Seat belts



Never place anything between you and the seat belt in an attempt to cushion the impact in the event of an accident. It can be dangerous, and will reduce the effectiveness of the seat belt in preventing injury.

3. **Fastening a seat belt:** With the seat belt correctly positioned, place the metal tongue into the buckle nearest to you. Press it in until a click is heard.

To release the seat belt, press the red button.

Note: When releasing the seat belt it is advisable to hold the belt before pressing the release button. This will prevent the belt from retracting too quickly.

4. **Seat belt use during pregnancy:** Position the lap strap comfortably across the hips beneath the abdomen. Place the diagonal part of the seat belt between the breasts and to the side of the abdomen, as illustrated. Ensure that the seat belt is not slack or twisted.



Position the seat belt correctly for the safety of the mother and the unborn child. Never wear just the lap strap and never sit on the lap strap while using just the shoulder strap. Both of these actions are extremely dangerous and may increase the risk of serious injury in the event of an accident or during emergency braking.

SEAT BELT SAFETY



Care should be taken to avoid contamination of the webbing with polishes, oils and chemicals, and particularly battery acid. Cleaning may safely be carried out using mild soap and water.



The belt should be replaced if webbing becomes frayed, contaminated or damaged.



It is essential to replace the entire assembly after it has been worn in a severe impact even if damage to the assembly is not obvious.



If any damage, wear, cuts, defects, or impaired operation are noted with the seat belts, the vehicle should be taken to a Land Rover Dealer/Authorised Repairer for immediate attention. Do not use the vehicle if the seat belts cannot be operated correctly.



Do not carry hard, fragile, or sharp items between your person and the seat belt.



Seat belts should be worn by all vehicle occupants, for every journey no matter how short.



Never wear just the lap belt or just the shoulder belt of a lap/shoulder diagonal seat belt. Both of these actions are extremely dangerous and may increase your risk of injury.



When using seat belts to restrain items other than occupants, take care to ensure that the belts are not damaged, or exposed to sharp edges.

SEAT BELT CHECKS

Note: If the vehicle is parked on an incline, the seat belt mechanism may lock. This is not a fault and the belt should be gently eased out from the upper anchorage.

The seat belts should be inspected regularly to check for fraying, cuts, wear to the webbing and the condition and security of the mechanism, buckles, adjusters and mounting points.

- With the seat belt fastened, give the webbing near the buckle a quick upward pull. The buckle must remain securely locked.
- With the seat belt unfastened, unreel the seat belt to the limit of its travel. Check that it unreels smoothly with no snatches or snags. Allow the belt to fully retract, again checking for smooth operation.
- Partially unreel the seat belt, then hold the tongue plate and give a quick forward pull. The mechanism must lock and prevent any further unreeling.

If any of the seat belts fail to meet those criteria, immediately contact your Dealer/Authorised Repairer.

SEAT BELT PRE-TENSIONERS

The seat belt pre-tensioners activate in conjunction with the Supplementary Restraint System (SRS) to provide extra protection in the event of a severe frontal impact. They automatically reduce any slack in a seatbelt to reduce forward movement of a front seat occupant.



The seat belt pre-tensioners will activate only once and then must be replaced. Failure to replace them will reduce the effectiveness of the SRS in reducing the risk of serious injury or death in the event of an accident.



After any impact, have the seat belts and pre-tensioners checked and if necessary, replaced by a Dealer/Authorised Repairer.

SEAT BELT REMINDER

Seat belt reminder commences when the vehicle is in motion and the driver's belt is unbuckled. Dependent on market, the warning indicator in the Instrument panel illuminates (See **59, SEAT BELT (RED)**), the message **FASTEN SEAT BELTS** appears in the Message centre and an audible chime sounds. The visual and audible warnings applicable to the Seat belt reminder feature are market dependent to meet individual market requirements. The warning signals given may also change depending on whether the vehicle is stationary or when the vehicle speed exceeds a pre-determined threshold. In certain markets, the Seat belt reminder feature also applies to the front passenger seat.

The Message centre also displays a front and rear seat belt reminder that warns the driver when the seat belt of any occupied seat is not fastened or is unfastened during a journey.



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- Each seating position is represented by a passenger icon, the colour and symbol of which indicates the seat belt status:
 - Tick - seat belt in the indicated position is fastened.
 - Cross - seat belt in the indicated position has been unfastened while the vehicle ignition is on. This indicator will turn grey after 30 seconds.
 - Grey - seat belt not fastened.

Seat belts

Note: The indicators will be displayed for 30 seconds each time there is a status change, e.g., a seat belt is unfastened or fastened or a door is opened and then closed.

- In addition, an audible warning will sound under the following conditions:
 - The seat belt of an occupied front seat is not fastened or is unfastened during a journey.
 - A rear seat belt is unfastened.

Note: Objects placed on the front passenger seat may activate the seat belt reminder warning chime and indicator. It is recommended that any objects placed on the front passenger seat are secured using the seat belt.