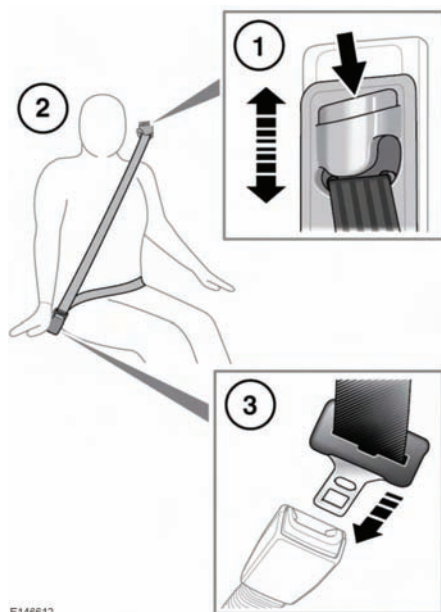


## USING THE SEAT BELTS



E146612

- 1. SEAT BELT HEIGHT ADJUSTMENT:** Press to release the catch.

With the catch depressed move the mechanism slide up or down to the required height. Ensure that the locking mechanism has engaged.

When correctly positioned the seat belt should cross the collar bone at the mid-point between the neck and end of your shoulder.

Where possible, rear seat passengers should adjust their position on the seat, to enable the seat belt webbing to cross the shoulder without pressing on the neck.

### **⚠ WARNING**

Ensure that the height is correctly adjusted and the mechanism is locked in place before driving. Do not attempt to adjust the seat belt height once the vehicle is in motion. Doing so may cause you to lose control of the vehicle, or incorrectly adjust the seat belt.

### **⚠ WARNING**

Do not use comfort clips or other devices that create slackness in the seat belt system.

### **⚠ WARNING**

No modifications or additions should be made by the user which will either prevent the seat belt adjusting devices from operating to remove slack, or prevent the seat belt assembly from being adjusted to remove slack. A slack seat belt offers a greatly reduced level of occupant protection in an impact.

- 2. PUTTING ON A SEAT BELT:** Draw the belt out smoothly, ensure that the belt height, the seat and your position on the seat, are correct.

### **⚠ WARNING**

Seat belts are designed to bear upon the bony structure of the body, and should be worn low across the front of the pelvis, chest and shoulders, or the pelvis (lap belts). Never wear the lap belt across your waist or abdominal.

### **⚠ WARNING**

Seat belts should be adjusted as firmly as possible, consistent with comfort, to provide the protection for which they have been designed. A slack belt will greatly reduce the protection afforded to the wearer.

## **⚠ WARNING**

Belts should not be worn with the straps twisted.

## **⚠ WARNING**

Each belt assembly must only be used by one occupant. Never let children share a seat or seat belt.

## **⚠ WARNING**

Riding with a reclined seatback increases your chance of serious or fatal injuries in the event of a collision or sudden stop. The protection of your restraint system (seat belts and air bags) is greatly reduced by reclining your seat. Seat belts must be snug against your hips and chest to work properly. The more the seatback is reclined, the greater the chance that an occupant's neck will strike the shoulder belt. Drivers and passengers should always sit well back in their seats, properly belted, and with the seatbacks upright.

## **⚠ WARNING**

Never place anything between you and the seat belt. It can be dangerous and reduce the effectiveness of the seat belt in preventing injury.

## **⚠ WARNING**

The air bag supplementary restraint system (SRS) is designed to add to the overall effectiveness of the seat belts. It does not replace them. Seat belts must always be worn.

## **⚠ WARNING**

Do not carry hard, fragile, or sharp items between your person and the seat belt. In an impact, the pressure on such items can cause them to break, which in turn may cause death or serious injury.

## **⚠ WARNING**

Seat belts should be worn by all vehicle occupants, for every journey, no matter how short. Failure to do so will greatly increase the risk of death or serious injury in the event of an accident.

## **⚠ WARNING**

Never wear just the lap belt or just the shoulder belt of a lap/shoulder diagonal seat belt. Both of these actions are extremely dangerous and may increase your risk of injury.

- 3. FASTENING A SEAT BELT:** With the seat belt correctly positioned, place the metal tongue into the buckle nearest to you. Press it in until a click is heard.

To release the seat belt, press the red button.

***Note:** When releasing the seat belt it is advisable to hold the belt before pressing the release button. This will prevent the belt from retracting too quickly.*



E147189

### **SEAT BELT USE DURING PREGNANCY:**

Position the lap strap comfortably across the hips beneath the abdomen. Place the diagonal part of the seat belt between the breasts and to the side of the abdomen, as illustrated.