

## FRONT HEAD RESTRAINTS

### **⚠ WARNING**

Head restraints are designed to support the head, not the back of the neck. The head restraint must be positioned correctly to restrain rearward movement of the head in a collision.

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Adjust the head restraint so that the top of the head restraint is above the center line of the head. An incorrectly adjusted head restraint increases the risk of death or serious injury in the event of a collision.

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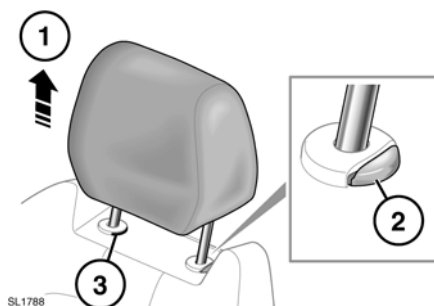
Do not drive or carry passengers with the head restraints removed from occupied seats. The absence of a correctly adjusted head restraint increases the risk of neck injury in the event of a collision.

### **⚠ WARNING**

Never adjust the head restraints while the vehicle is in motion. Doing so could cause you to lose control of the vehicle resulting in an accident.

### **⚠ WARNING**

Always store a removed head restraint securely.



1. Move the head restraint up or down to the required position.
2. To adjust the restraint downwards, first press in the adjusting collar.
3. To remove a manual head restraint, first raise the head restraint to its uppermost position. Use a tool to press in the locking collar. Lift the restraint out of the seatback

**Note:** Do not attempt to remove head restraints fitted with Rear seat entertainment screens.

Ensure the head restraint is refitted before the seat is used by a passenger.

To refit the head restraint, ensure it is facing the correct direction, insert the stems of the head restraint into the sockets and push it downwards until at least the first click.