Never wear just the lap belt or just the shoulder belt of a lap/shoulder diagonal seat belt. Both of these actions are extremely dangerous and may increase your risk of injury.

When using seat belts to restrain items other than occupants, take care to ensure that the belts are not damaged, or exposed to sharp edges.

SEAT BELT CHECKS

Note: *If the vehicle is parked on an incline, the seat belt mechanism may lock. This is not a fault and the belt should be gently eased out from the upper anchorage.*

The seat belts should be inspected regularly to check for fraying, cuts, wear to the webbing and the condition and security of the mechanism, buckles, adjusters and mounting points.

- With the seat belt fastened, give the webbing near the buckle a quick upward pull. The buckle must remain securely locked.
- With the seat belt unfastened, unreel the seat belt to the limit of its travel. Check that it unreels smoothly with no snatches or snags. Allow the belt to fully retract, again checking for smooth operation.
- Partially unreel the seat belt, then hold the tongue plate and give a quick forward pull. The mechanism must lock and prevent any further unreeling.

If any of the seat belts fail to meet those criteria, immediately contact your Land Rover Dealer/Authorised Repairer.

SEAT BELT PRE-TENSIONERS

The seat belt pre-tensioners activate in conjunction with the Supplementary Restraint System (SRS) to provide additional protection in the event of a severe frontal impact. They automatically reduce any slack in a seat belt to reduce forward movement of a front seat occupant.

The seat belt pre-tensioners will activate only once and then must be replaced. Failure to replace them will reduce the effectiveness of the SRS in reducing the risk of serious injury or death in the event of an accident.

After any impact, have the seat belts and pre-tensioners checked and, if necessary, replaced by a Dealer/Authorised Repairer.