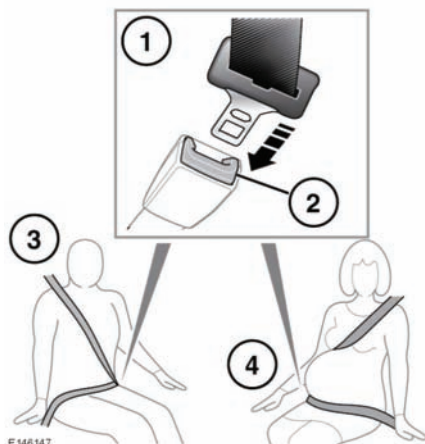


USING THE SEAT BELTS



1. Draw the belt out smoothly. Place the metal tongue into the buckle nearest to you. Press it in until a click is heard.
2. Press the red button to release the seat belt.
3. Ensure that the belt height, the seat position and your position on the seat are correct. The belt should lay flat across the pelvis, chest and mid-point of the collar bone between the neck and shoulder.
4. For pregnant women, position the lap strap comfortably across the hips beneath the abdomen. Place the diagonal part of the seatbelt between the breasts and to the side of the abdomen. Ensure that the seatbelt is not slack or twisted.



Never place anything between you and the seat belt in an attempt to cushion the impact in the event of an accident. It can be dangerous, and will reduce the effectiveness of the seat belt in preventing injury.



Position the seatbelt correctly for the safety of the mother and unborn child. Never wear just the lap strap and never sit on the lap strap while using just the shoulder strap. Both of these actions are extremely dangerous and may increase your risk of serious injury in the event of an accident or during emergency braking.

SEAT BELT SAFETY



WARNING:

Seatbelts are designed to bear upon the bony structure of the body, and should be worn low across the front of the pelvis or the pelvis, chest and shoulders, as applicable; wearing the lap section of the belt across the abdominal area must be avoided.



Seatbelts should be adjusted as firmly as possible, consistent with comfort, to provide the protection for which they have been designed. A slack belt will greatly reduce the protection afforded to the wearer.



Seatbelts should be worn by all vehicle occupants, for every journey no matter how short. Failure to do so will greatly increase the risk of death or serious injury in the event of an accident.



Never wear just the lap belt or just the shoulder belt of a lap/shoulder diagonal seatbelt. Both of these actions are extremely dangerous and may increase your risk of injury.



Belts should not be worn with straps twisted.