## **Seats**

## **HEAD RESTRAINTS**

## WARNINGS

Head restraints are designed to support the head not the back of the neck). The restraint must be positioned correctly to restrain rearward movement of the head in a collision. An incorrectly adjusted head restraint increases the risk of death or serious injury in the event of a collision.

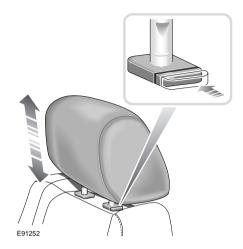
Adjust the head restraint so that the top of the head restraint is above the centre line of the head. An incorrectly adjusted head restraint increases the risk of death or serious injury in the event of a collision. See SITTING IN THE CORRECT POSITION (page 40).

Do not drive, or carry passengers with the head restraints removed from occupied seats. The absence of a correctly adjusted head restraint increases the risk of death or serious injury in the event of a collision

Never adjust the head restraint while the vehicle is in motion. An incorrectly adjusted head restraint increases the

risk of death or serious injury in the event of a collision.

## Front head restraints



Adjust the head restraint correctly, up or down by pressing the collar button as indicated. The top of the head restraint should be level with the top of the head.