## Seats

SITTING IN THE CORRECT POSITION


## WARNING

Do not adjust the seat while the vehicle is moving. Doing so could cause loss of vehicle control and personal injury.
The seat, head restraint, seat belt and airbags, all contribute to the protection of the user. Correct use of these components will give you greater protection, therefore you should observe the following points:

1. Sit in an upright position with the base of your spine as far back as possible and the seat back reclined no more than 30 degrees.
2. Do not move the driver's seat too close to the steering wheel. Ideally, a minimum distance of 254 mm ( 10 inches) is recommended between the breastbone and the steering wheel airbag cover. Hold the steering wheel in the correct position with your arms slightly bent. Bend your legs slightly so that the pedals can be pressed fully to the floor.

- Adjust the head restraint so that it's highest point is level with the top of your head.
- Position the seat belt so that it is mid-way between your neck and your shoulder. Fit the strap tightly across your hips, not across your stomach.
- Ensure that your driving position is comfortable and enables you to maintain full control of the vehicle.

