

# Seat belts

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## USING SEAT BELTS DURING PREGNANCY

### WARNINGS

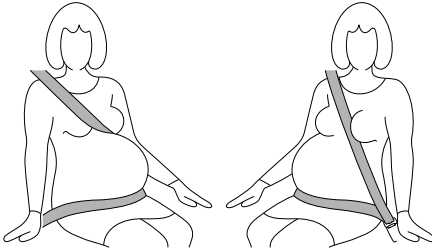


Position the seat belt correctly for the safety of the mother and unborn child. never wear just the lap strap and never sit on the lap strap whilst using just the shoulder strap. Both of these actions are extremely dangerous and may increase your risk of serious injury in the event of an accident or during emergency braking.



Never place anything between you and the seat belt in an attempt to cushion the impact in the event of an accident. It can be dangerous and reduce the effectiveness of the seat belt in preventing injury.

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Position the lap strap comfortably across the hips beneath the abdomen. Place the diagonal strap between the breasts and to the side of abdomen. Ensure that the seat belt is not slack or twisted.