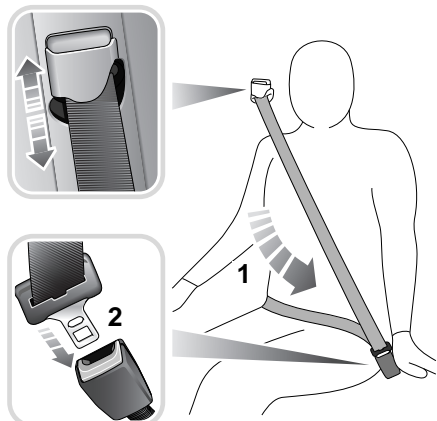


# Seat belts

## FASTENING THE SEAT BELTS



LAN1113

1. Draw the belt out smoothly, ensuring that the belt height, the seat position and your position on the seat are correct. The belt should lay flat across the pelvis, chest and mid-point of the collar bone between the neck and shoulder.
2. With the belt correctly positioned, place the metal tongue into the buckle nearest to you. Press until a click is heard.

The buckles on third row seats are spring-loaded allowing them to be stowed within the seat. This is to prevent damage when the seats are folded flat. To fasten the belt, pull the buckle up from the seat before inserting the tongue plate.

Adjust the seat belt to eliminate any slack in the webbing.

## Releasing the belt

**Note:** When releasing the belt it is advisable to hold it near the buckle before pressing the release button. This will prevent the belt from retracting too quickly.

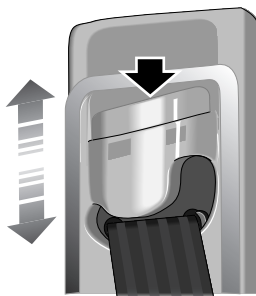
To release the seat belt, press the red button.

## SEAT BELT HEIGHT ADJUSTMENT

### WARNING



Correct seat belt adjustment is essential for safety and comfort. Ensure that the height is correctly adjusted and the mechanism is locked in place before driving the vehicle. Do not attempt to adjust the seat belt height once the vehicle is in motion. Doing so may cause you to lose control of the vehicle, or incorrectly adjust the seat belt.



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Press down (solid arrow) to release the catch, then lift or push down to adjust the height of the anchorage.

Ensure the anchorage has clicked into one of the locked positions before driving.

Where possible passengers should adjust their position on the seat to enable the seat belt webbing to cross the shoulder without pressing on the neck.