

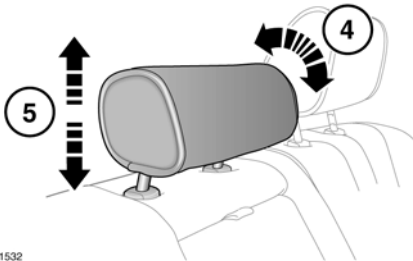
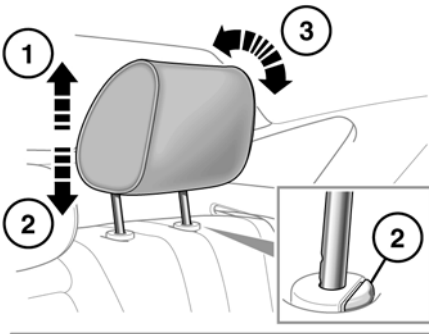
MANUAL HEAD RESTRAINTS



It is possible to swivel the head restraint forwards or backwards. For greater protection in the event of a collision, the head restraint should be adjusted so that it is as close to the back of the head as is practical.



Do not drive or carry passengers with the head restraint removed from an occupied seat. The absence of a correctly adjusted head restraint increases the risk of neck injury in the event of a collision.



SJ1532

1. Lift the left or right rear head restraint to adjust upwards.
2. While pressing the locking collar, push down on the restraint to adjust downwards.

3. Manually tilt the head restraint so that it is as close to the back of the head as is practical.
4. To adjust the centre head restraint, tilt the restraint forward.
5. Raise or lower the restraint as required. The head restraint can be locked in one of three height positions.

Note: Do not use the locking collars to raise or lower the centre head restraint.

HEAD RESTRAINT REMOVAL



Always store a removed head restraint securely.

It is possible to remove the centre rear head restraint, if necessary, to enable the fitment of a child restraint:

1. Raise the head restraint to its uppermost position.
2. Press both locking collars.
3. Lift the head restraint out of the seat.

Ensure the head restraint is refitted once the child seat is removed.

Note: It is not possible to remove the left or right rear head restraints.

REAR SEAT SAFETY



Never allow passengers to travel in the luggage compartment under any circumstances.



All vehicle occupants should be seated correctly, and wear a seat belt at all times when the vehicle is in motion.